

# The Asia-Pacific Academic Mental Health Symposium

September 30, 2026



## CALL FOR ABSTRACTS

### A New Symposium on Academic Mental Health

Recent decades have seen rising scholarly, policy, and media attention towards the mental health of university populations. While there is strong evidence of mental health concerns among students, there are also distinct challenges facing staff and especially academic workers: excessive workloads, job insecurity, and managerial and regulatory burdens can all lead to burnout, stress, and mental health concerns in academia. At the same time, scholars have advocated for more caring conditions and practices in universities as central to understanding, supporting, and strengthening wellbeing.

The inaugural Asia-Pacific Academic Mental Health Symposium will create a dedicated and supportive space for sharing new research, insights, and practices that focus specifically on mental health in academia. The theme of the 2026 event is “*The complexities and conditions of academic workers’ mental health*” and we invite you to join us there.

**Date:** Wednesday September 30, 2026

**Location:** The University of Queensland campus in Brisbane, Queensland, Australia

**Delivery:** Hybrid, with the option of attending virtually via Zoom

### Registration Costs

All attendees will be responsible for covering their travel and registration costs. Please see below for early bird registration prices.

	In person	Online
<b>General registration</b>	\$50	\$25
<b>HDR students</b>	\$20*	\$10

\* Includes ticket to HDR student networking breakfast

### Submission Deadline

Abstract submissions are due **June 8, 2026 at 5:00pm AEST.**

Authors will be notified of decisions by July 6, 2026.

## Submission Information

Researchers and practitioners are warmly invited to submit proposals for oral presentations, posters and roundtable discussions for the Symposium (Table 1). Colleagues undertaking Master's or PhD research are especially encouraged to submit their work.

**Oral presentations\* and posters** should focus on research (in-progress or complete) or detail case studies of promising practices.

**Roundtables** will be discussions (approximately 30 minutes in length) that focus on ways to understand, build and support the mental health of academic workers.

*\* Please note that the number of oral presentations will be limited. Participants may be asked to present a poster or roundtable discussion instead of an oral presentation.*

Your abstract should be submitted as a Microsoft Word document and should be 500 words maximum (including references).

**Table 1: Submission types, formats, and lengths**

	Description	Abstract Requirements
<b>Presentation</b>	20-minute oral presentations that focus on research (in-progress or complete) or detail case studies of promising practices.	<ul style="list-style-type: none"><li>• Background</li><li>• Aims/objectives</li><li>• Approach and methods</li><li>• Key findings/outcomes</li></ul>
<b>Roundtable</b>	30-minute roundtable discussions focusing on ways to understand, build, and support the mental health of academic workers.	<ul style="list-style-type: none"><li>• Topic for discussion</li><li>• Aims/objectives</li><li>• Intended outcomes</li></ul>
<b>Poster</b>	A poster that summarises research (in-progress or complete) or details case studies of promising practices. Poster authors will share their posters with delegates during breaks.	<ul style="list-style-type: none"><li>• Background</li><li>• Aims/objectives</li><li>• Approach and methods</li><li>• Key findings/outcomes</li></ul>

## Submission Instructions

1. Please go to <https://easychair.org/conferences/?conf=apamhs25>
2. Please create an EasyChair account if you don't have one already. Please note that the verification email may go to your spam folder. Once you have received this email, you may complete your account activation.
3. Underneath the "Author" heading, you will find a bullet point link which says "Make a new submission" - please click here to submit your abstract. Please make clear whether you are proposing an Oral Presentation, Roundtable, or Poster.
4. If you are a sole author, you are still permitted to submit - please ignore the second and third author fields but **keep the initial "corresponding author" box checked** (you may uncheck the other two). The website allows for three or more authors, however this is not mandatory.

**Submission and Administrative Questions should be directed to:**

Ms Melissa Ascough – Administrative Coordinator

✉ [m.ascough@uq.edu.au](mailto:m.ascough@uq.edu.au)

**General Questions should be directed to:**

Dr Marissa Edwards – Symposium Chair

✉ [m.edwards@business.uq.edu.au](mailto:m.edwards@business.uq.edu.au)

*The symposium is kindly supported by the UQ Business School and the Managerial and Organizational Cognition Division of the Academy of Management*